



Code of Conduct for children / Swimmers

Copy to be retained by Swimmer or parent please return last page to Alnwick Dolphins Membership secretary. membership@alnwick-dolphins.co.uk

As a member of our club, we understand you have the right to:

- Enjoy the time you spend with us and know that you are safe.
- Be told who you can talk to if something's not right.
- Be listened to.
- Be involved and contribute towards decisions within the club or activity.
- Be respected by us and other team members and be treated fairly.
- Feel welcomed, valued and not judged based on your race, gender, sexuality, faith or ability.
- Be encouraged and develop your swimming, para-swimming, diving, high diving, artistic swimming, water polo and open water swimming skills with our help and support.
- Be looked after if there's an accident or injury and have your parents/guardians informed, where appropriate.

As a member of our club or activity we expect you to:

Essentials

- 1 Keep yourself safe by listening to your coach or teacher, behave responsibly and speak out when something isn't right.
- 2 Take care of our equipment and premises as if they were your own.
- 3 Make it to training and competitions on time and if you're running late, let a member of the club know.
- 4 Make your coach or teacher aware if you have any difficulties attending training or competitions.
- 5 Not wander off, or leave training or a competition without telling your coach, teacher or team manager.
- 6 Bring the right kit to training and competitions.
- 7 Follow the rules of the club, squad or activity at all times.
- 8 Respect the privacy of others especially in the changing rooms

9 Where reasonably possible attend at least 75% of the sessions offered to you for the squad you are in over a quarterly period. Make your coach aware if you have any difficulties in attending training sessions laid down for your squad or lane.

10 Sign in or pay the relevant fee to Willowburn (Active Northumberland) each time you swim with the Dolphins. All swimmers in the Barracudas squad or above should be members of Active Northumberland as part of the membership of Alnwick Dolphins this should be arranged direct with Active Northumberland.

Behaviour

- 1 Make our club and activity a fun, happy, friendly and welcoming place to be.
- 2 Respect and celebrate difference in our club or activity and not discriminate against anyone else on the grounds of age, gender, race, sexual orientation, faith or ability.
- 3 Understand that the use of abusive or inappropriate language, bullying, physical violence or any other behaviour which hurts others will not be tolerated by the club.
- 4 Not use any device to take photographs or footage of others in the changing rooms or cubicles.
- 5 Report any concerns you have about others taking photographs or footage of others in the changing rooms or poolside.
- 6 Understand that poor behaviour may result in the club taking disciplinary action against you. Any behaviour which may be a criminal offence will be reported to police by the club.
- 7 Report any incidents of bullying or unkind behaviour to the club, even if you're just a witness.
- 8 Treat other children with respect and appreciate that everyone has a different level of skill or talent.
- 9 Support and encourage your team mates, tell them when they've done well and be there for them when they are struggling.
- 10 Respect the children and adults competing for other teams at competitions.
- 11 Respect the committee members, coaching and teaching team and all volunteer helpers at the club.
- 12 Get involved in club decisions, it's your sport too.

Breaches of this Code of Conduct may result in disciplinary action being taken against you by the club committee.

'Persistent breach' includes:

Failure to attend enough training sessions. You will be warned if attendance is insufficient, the expected attendance being 75% of available sessions for any given squad that you are swimming with unless it has previously been agreed with your coach,

Failure to attend enough competitions, including time trials, club championships, diddy league (where selected) and external galas. Current competition expectations are:

Squad	Compulsory (each year)	Optional
Flying Fish	Squad time trials	External galas
, ,		External galas
Barracudas	Club championships	
Teaching	Diddy League (if selected)	
Great White Sharks	Squad time trials	Additional external galas
Sailfish	Club championships	
Teaching	Diddy League (if selected)	
	2 galas	
Tiger Sharks	Squad time trials	
Teaching	Club championships	
_	Diddy League (if selected)	
	2 internal and 1 external	
	galas	
	N&D / NER if qualify	
Piranhas	Squad time trials	Additional external galas
Teaching	Club championships	5
, contraction and	Diddy League (if selected)	
	2 internal and 2 external	
	galas	
	N&D / NER if qualify	
Competition Squad	Squad time trials	
	Club championships	
	Diddy League (if selected)	
	2/3 internal and 2/3 external	
	galas (Total Of 5)	
	N&D / NER / Nationals if	
Porformance Squad	qualify Squad time trials	Additional external gales
Performance Squad		Additional external galas
	Club championships	
	6 in total Internal and/or	
	external galas	
	N&D / NER / Nationals if	
	qualify	

Signature of the child / Swimmer unless over 18

Signature of parent/guardian

Date

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