## Alnwick Dolphins Amateur Swimming Club www.alnwick-dolphins.co.uk @alnwick\_asc

## **Alnwick Dolphins Coaching Philosophy**

To provide a safe and inclusive environment where each swimmer has an equal opportunity to reach their potential as a person, an athlete and a performer.

To create a positive atmosphere where swimmers are encouraged to develop their aspirations, take the opportunities they are given and enjoy competitive swimming.

To develop a culture of continuous learning and improvement within the coaching team.

Katy Batley, Head Coach

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